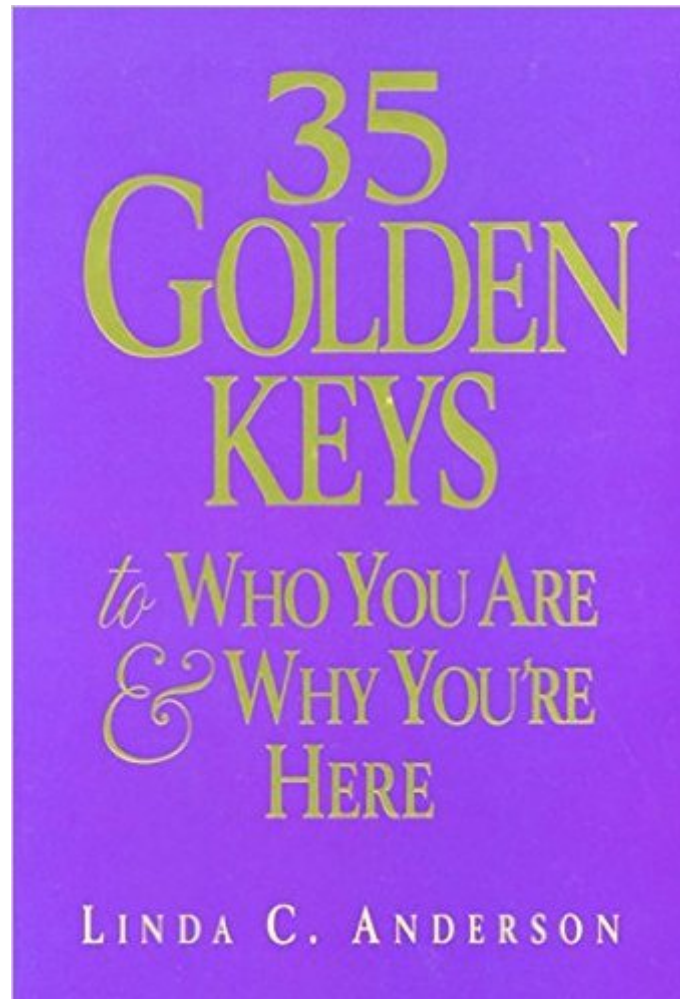


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# 35 Golden Keys To Who You Are & Why You're Here



## Synopsis

An excellent guide to the ancient wisdom of Eckankar this book will prove essential to all who regardless of their religious beliefs are looking for clear answers to age-old spiritual mysteries. Each of Anderson's 35 golden keys offers revolutionary insights about spiritual potential: Dreams are real. You don't have a soul; you are Soul. Soul Travel is a natural ability. God can be experienced through Light and Sound. you don't have to die to experience heaven. And the most powerful prayer is HU. People from around the world share their dramatic stories of heightened spiritual awareness and how it changed their lives. Each chapter is enhanced with exercises and spiritual techniques that deliver on the book's promise to give readers fuller knowledge of themselves-and of God.

## Book Information

Paperback: 472 pages

Publisher: Eckankar; Not Indicated edition (April 21, 2010)

Language: English

ISBN-10: 1570431183

ISBN-13: 978-1570431180

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #2,125,420 in Books (See Top 100 in Books) #93 in [Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Eckankar](#) #7138 in [Books > Christian Books & Bibles > Christian Living > Self Help](#) #57182 in [Books > Religion & Spirituality > New Age & Spirituality](#)

## Customer Reviews

Like opening a gift box filled with spiritual treasures. This book is for people of all faiths.

Ms.Anderson explores the Light & Sound, expansion of consciousness, dreams, goal-setting, an Inner Teacher, spiritual freedom, an ancient sacred HU song. Whether you can accept the concept of yourself as Soul, a divine spiritual being, or not, you will be intrigued by the information presented in this book. It provides the plus element to so many other self-help books available in today's market. Ms. Anderson's work challenges the reader. It seems to ask, "Are you open and receptive to possibilities?" I tried a few of the suggested techniques. They work! One can start at any point in the book, or read it from beginning to end. It is huge. I suggest you take your time, read it leisurely, and enjoy the adventure. A stimulating spiritual masterpiece! Highly recommended!

That book is simple, so simple in fact that the testimonials of people on their day-to-day experiences seem to be part of everyone. From their accounts, it looks very simple to practice "the presence of God" in our lives. I liked this book for its simplicity, and honesty towards the spiritual in all of us.

I'm amazed on how much I got out of this well written rather lengthy book about viewing ourselves as spiritual beings giving service and unconditional love to all life. Each chapter is filled with uplifting stories of individuals who created better lives for themselves by exploring their spiritual nature and gaining a greater understanding of what is important in their lives. 35 Golden Keys is a substantial book filled with wonderful inspirational stories that gave me a better understanding of myself as a spiritual being in this world. My life is better for taking the time to read this book.

Where do I begin on this incredible book. It's thought provoking, affirming, insightful, resourceful and the HU Chant is without a doubt the most beneficial spiritual exercise, meditation or prayer I have ever used. Each of the golden keys are explained thoroughly and well written. The information about each of us as Soul is not stated in any other spiritual book I have ever read and is very insightful. It may be the finest spiritual book available today. It's as important to spiritual literature today as Yogananda's books were when they came out. Treat yourself to the read of the decade! Yes it's that good. I loved it, A must read!

Have you ever asked some of life's most important questions and gotten explanations that really didn't make sense? Well, I have and that's why I love this book. This author doesn't just chew the fat about some classic philosophical topics. She offers you REAL answers. She has keen insight into the tools a person needs to really have peace of mind in this world. A person need not be of any particular faith to gain substantial understanding of how God has set things up both this world and in heaven. Anyone who reads this book with a sincere heart and an open mind will find some precious jewels here. For enhancing one's journey in life, I couldn't recommend any book more.

35 Golden Keys is a road map to understanding some of life's greatest mysteries. Mrs. Anderson unravels topics such as what happens when you die and how you can remember past lives and why dreams are important. Many of the Keys that she writes about were subjects I used to wonder about as a child. Now at last someone is able to answer my 'wonderings'. Linda Anderson's writing style is heartwarming and direct! She gives practical spiritual exercises so you can have your own

experience with the subject matter. I recommend this book to any person who is interested in knowing about their true self as Soul and deepening one's understanding about God and Love.

When anyone first embarks on the journey of self discovery, a frequent comment is made as to wishing there were some sort of road map or owner's manual to assist with another incarnation in this crazy world again. For me, discovering and embracing "35 Golden Keys" became the owner's manual for graceful living I've always sought. The insights and guidance I received reading "35 Golden Keys" have never left me, and I can honestly say a day hasn't gone by that I didn't reflect on at least one of the many gems of wisdom throughout the book. C. M. from California.

I really liked the style of Linda's writing and felt she presented at really well laid-out and explained beginner's 'discourse' to the teachings of the Path of ECKANKAR. It is also a good gift for someone who is not a member to read a good comparative religion based text overall, even though it gives obvious deference to the ECK path and religion. It is a great read too. I recommend writing down the keys as you go along!

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